



**Name:** Susan McBride

**Summary:** Best Doctors helped Susan get back to work

### **Background:**

Following an accident in which she sustained injuries to her back, shoulder and arms, Susan was suffering with chronic pain. Her doctor diagnosed her with polymyalgia, a condition which causes inflammation of large muscles.

Susan was heavily medicated to manage her pain and her condition resulted in taking time off work.

### **Treatment:**

Susan contacted Best Doctors to find out if, and how, her condition could be treated more effectively.

One of the world's leading experts was called on to review her case and determined that her condition was not polymyalgia, but cervical degenerative disc disease. It's a condition that can cause radiating pain, when nerves in the area are compressed, as well as numbness and weakness in the shoulders, arms and hands.

### **Outcome:**

The expert's report proved invaluable to Susan, opening up new avenues to explore with her treating consultant. Today, she is undergoing a new, more effective pain management program and is looking forward to getting back to work.

**“The report they sent was excellent. It clarified my condition for me and my treating doctor, and even my manager at work. My doctor also commented that it would be wonderful if everyone had access to this service.”**

*Susan McBride*



**Please note:**

This case study is based on real facts. However, in order to respect and maintain the patient's privacy and confidentiality, all personal details have been modified. Any similarity to actual persons is purely coincidental. Photographs are used for illustrative purposes only.