

Extras Cover

Value Extras



Value Extras is our value-packed Extras cover for common health needs such as General Dental, Optical, Physio, Chiro, Complementary Therapies and more.

This is an overview of all the services included on Value Extras. This product fact sheet must be read with our Health Cover Guide (hif.com.au/guide).



HIF Choice Network² –
Get 100% back on your first two check-ups when visiting an HIF Choice Network Dental provider.



Optical⁴ –
Annual limit of \$150 per person.



Ambulance⁹ –
Unlimited cover for both Emergency and Non-Emergency Ambulance (\$50 co-payment per trip for Non-Emergency).

Service	Benefit	Annual limit per person	Waiting period
General Dental¹			
Oral Examination (012) ³	\$54.35		
Dental x-ray (022)	\$22.70		
Scale and clean (114) ³	\$110.35	\$750	2 months
Fluoride treatment (121) ³	\$33.20		
Surgical tooth extraction (322)	\$127.05		
Filling/tooth restoration (531)	\$78.55		
Optical	100%	\$150	2 months
Frames, prescription lenses and contact lenses ⁴			

1 Limits apply to the number of times some items (such as bleaching) attract a benefit. You may also not be able to claim benefits for services performed with another item in the same course of treatment.

2 100% back for 2 check-ups and 1 mouthguard each year at HIF Choice Network Dental providers. Waiting periods and annual limits apply. For more information on other services covered under the HIF Choice Network, see the HIF Choice Network section or visit hif.com.au/choice-network

3 Subsequent visits for these item numbers within the calendar year are paid at a lower benefit.

4 Benefits are payable on prescription optical items.

Service	Benefit	Annual limit per person	Waiting period
Physiotherapy			2 months
Individual consultation	\$30		
Group, hydrotherapy, antenatal	\$15		
Exercise Physiology	\$20		
Consultations			
Chiropractic			
Consultations	\$25		
X-ray	\$65 (max 1 per year)		
Osteopathy	\$25		
Consultations			
Podiatry⁵	\$25		
Consultations			
Pharmacy⁶			
Non-PBS pharmaceuticals	Member pays general PBS contribution. Benefit is 100% of the balance up to \$80 per script item.		
Flu vaccination (<i>Benefits payable from a registered pharmacy only</i>)	\$20 (1 per person, per calendar year)		
Complementary Therapies⁷	\$25	\$100	2 months
Services include acupuncture, myotherapy, remedial massage and traditional Chinese medicine			
Healthy Lifestyle⁸	100%	\$50	2 months
Services include gym memberships, health assessments, weight management programs, quit smoking plans and skin cancer screenings			
Ambulance⁹			
Emergency Ambulance	100%	Unlimited	1 day
Non-Emergency Ambulance	100% (\$50 co-payment per trip)	Unlimited	30 days

⁵ Benefits are not payable on podiatry surgery or orthotics.

⁶ Benefits are not payable on PBS (Pharmaceutical Benefit Scheme) prescriptions or over the counter items purchased with or without a prescription.

⁷ Benefits are not payable on medicines.

⁸ Benefits are payable for HIF approved programs delivered by registered providers only. Please contact us prior to commencing program to check eligibility.

⁹ Not covered:

- Transportation from a hospital to your home, nursing home or other hospital.
- Transportation for ongoing medical treatment.
- Off road or air ambulance (e.g. plane, helicopter or boat).

Want cover for other services like
Major Dental and Orthodontics?
Check out hif.com.au/extras
for more info.

HIF Choice Network

HIF has partnered with a network of providers to make a selected range of services more affordable. By choosing an HIF Choice Network provider you'll receive low or no out-of-pocket costs.

Dental

When visiting a HIF Choice Network Dental provider, you can get more value with:

- 100% back for 2 check-ups and 1 mouthguard each year⁺

Find your nearest HIF Choice Network provider at hif.com.au/choice-network

+ Members can claim 100% back on 2 oral examinations, 2 scale and cleans, 2 fluoride treatments, 2 x-rays and 1 mouthguard each year at HIF Choice Network Dental providers (subject to specific item codes). Waiting periods and annual limits apply. Additional service limits may apply. Other eligible dental item numbers may also be included. Once the HIF Choice Network 100% back service limit has been reached within the same calendar year, benefits will be paid at the same rate as Non-HIF Choice Network providers.

Optical

To see all member discounts available at HIF Choice Network Optical providers, visit hif.com.au/optical.

Understanding annual limits

Like most Extras health covers, there are annual limits (a limit on how much we will pay towards your claims) for most services under Values Extras. These annual limits reset to the full amount on January 1 each year.

Please note: Benefits are payable up to your annual limit. Annual limits are per person per calendar year unless otherwise stated.

How to make an Extras claim

With HIF, making an Extras claim is easy! In fact, the toughest bit is choosing from our host of convenient ways to make your claim:

1. Claim on the spot with most providers simply by swiping your HIF Member card through their HICAPS eClaiming terminal
2. Claim online through our 24/7 Member Centre
3. Claim on your mobile with our HIF Member App, available for Apple and Android devices
4. Claim by email – simply send copies of your signed claim form and receipts to claims@hif.com.au
5. Claim by posting your documents to: HIF, Whadjuk Country, GPO Box X2221, Perth WA 6847.

In any case, it's quick and easy and you'll have your benefit paid in no time. To find out more and download a claim form, visit hif.com.au/claim

Please note:

** Benefits are payable by HIF only for services and programs delivered by registered providers that are approved by HIF.*

** Benefits are paid by item number limits up to sub-limits/calendar limits. Call us on 1300 134 060 prior to treatment to confirm your benefits payable.*

What are waiting periods?

All health funds have to apply waiting periods. It's the only way we can protect our community of loyal Members from people who would otherwise join our fund to claim large amounts, then leave.

That said, we try to keep waiting periods to a minimum. That's why, if you switch to us from another health fund, we'll honour any waiting periods already served with your previous insurer on an equivalent level of cover.



Got a question?

Visit our handy online knowledge base at hif.com.au/help